

*They were previously receivers and takers. Today, they are contributors and givers. Something changed. What about us? Should we change or should we not?*

Mahatma Gandhi believed that we must be the change we want to see in the world. He walked his talk and became the change agent for his nation in a time where violence and brute force perpetuated.

Change comes from within. It comes from our heart, empathy and passion. The New Charis Mission's successes prove that people can change. It is not a change to keep up appearances, but rather a deep change from within. A change in the beliefs and values.

Such changes are impactful. Changed lives impact lives. Receivers become contributors. Takers become givers.

According to the World Giving Index which provides insights into global generosity and charitable behaviours, Singapore perpetually ranks in the 30s throughout the years (2015 to 2017) for our generosity and charitable behaviours. Incidentally, ASEAN countries like Myanmar, Indonesia, Thailand and Malaysia are ranked on the top 20s with Myanmar and Indonesia being the top 2 giving nations.

Singapore has tried every means to be the top in lists. Be it cleanliness, education, financials, cost of living, efficiency of public transport, or even home ownership ratio. We rank in the top 10 for all the above-

# CHANGE (with)in US

**SUCH CHANGES  
ARE IMPACTFUL.  
CHANGED LIVES  
IMPACT LIVES.  
RECEIVERS  
BECOME  
CONTRIBUTORS.  
TAKERS BECOME  
GIVERS.**

mentioned areas. Yet, we fail to do the same for our giving despite our affluence.

Have we become so affluent that we forget that there are people still in need? In our dependence on precious time and wealth, have we neglected what truly matters?

*"We make a living by what we get. We make a life by what we give."*  
– Sir Winston Churchill

In our giving, we become conscientious of more than just ourselves. Giving isn't only about what it does for others; it is also about what it does for us.

However, giving isn't simple. We have concerns about the recipients' response and their appreciation or lack thereof. We might even worry that we might not have enough after we offer our help.

The unfortunate result? An endless list of excuses.

*"I can only do so much."*

*"I'm not the kind of person who donates."*

*"I don't have the money to donate."*

*"I have better use for my money."*

*"My money won't help."*

*"I'm sorry I don't have the time to donate."*

*"What if my money does not go where I want it to go?"*

Our excuses justify our lack of giving. We form mindsets that enable social apathy to persist. Sadly, we become part of the problem and not the solution.

## We need a CHANGE WITHIN us.

A change that will drive us to become the answer and solution. A change so that we make a life by what we give.

*Why there are so many people living in poverty?*

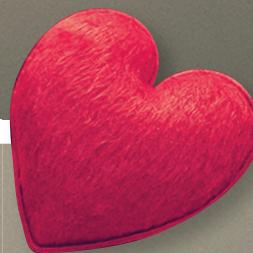
*Why are there elderly being neglected?*

*Why are there no help for the estranged and impaired?*  
And we ask God why He doesn't do anything for them?

*Why don't you do something, God?*  
He says, "I did! I created you."  
– Do Something, by Matthew West

## Change with us. You can do something.

1. Volunteer with The New Charis Mission's Community Services
2. Give/Donate to the operations and services of The New Charis Mission
3. Pray with The New Charis Mission for the lives reached out to



## HOW TO CHANGE?

How do we be the change that we want to see?

- Step 1. Change our mindset, don't be the one who screams a tit for tat.
2. Change by making a positive impact in those you concern and love.
3. Change by practicing random acts of kindness to your neighbour (even if he is a bad neighbour).
4. Change by being patient with others.

5. Change by giving/donating to others.

6. Change by volunteering with your friends & family.

7. Change by loving your neighbours as yourselves.

8. Congratulations! By giving, you receive more. The intangibles you receive outweighs the tangibles you give. The joy is always in the giving, when you see the difference you have created in another person's life.